

Menu



elements

POOLSIDE BAR & BISTRO

Dinner

STARTERS

Baked Garlic Bread 6.50

Wedges 7.50

Served with sour cream and sweet chilli sauce

Asian Spring Rolls 8.50

Served with sweet chilli dipping sauce and salad

Crispy Calamari 10.90

Served with a sweet chilli, mayonnaise dipping sauce and salad

Spiced Chicken Skewers and Yoghurt 11.90

Marinated chicken strips served with cucumber yoghurt and salad

Oysters Kilpatrick - FreeSpirit Style

Served with bbq kilpatrick dressing

1/2 Doz 13.50

1 Doz 24.50

Chilli Garlic Prawns 14.90

Pan seared banana prawns cooked in chilli garlic sauce and served with jasmine rice

Tasting Tower

Not sure which entrée to order, why not try them all on our delicious tower. Choose from a selection of asian spring rolls, crispy calamari, spiced chicken skewers, chilli garlic prawns and oysters kilpatrick

Serves 1 14.00

Serves 2 29.00

Serves 4 56.00



Served
from 6pm
until 9pm

SALADS

Entree / Main

Garden Salad

6.50 / 9.50

Traditional garden salad with all the trimmings - lettuce, tomato, capsicum and red onion served with house dressing

Greek Salad

7.50 / 10.50

Traditional greek salad with all the trimmings - lettuce, cucumber, feta, olives, red onion and served with greek dressing

Wild Rocket, Pear and Walnut Salad

7.50 / 10.50

Wild rocket and sliced pear tossed in balsamic dressing, garnished with crunchy walnuts

Caesar Salad

7.50 / 10.50

Traditional caesar with croutons, bacon, anchovies, parmesan, poached egg and caesar dressing

Prawns are either lightly pan fried or crumbed

Add chicken 4.00

Add prawns 5.00

Need help or have any special requests....
Please ask one of our friendly wait staff

Mains

Roast Dinner	14.90
Traditional roast dinner served with roast vegetables and gravy	
Mediterranean Fiesta	15.90
Fresh vegetables - pumpkin, potato, capsicum, onion, tomato sautéed in garlic, pesto and tossed in wild rocket, parmesan and served with crispy feta bread	
Chicken	Add 4.50
Prawns	Add 5.50
Chicken Schnitzel	16.90
Crumbed chicken schnitzel served with chips and salad	
Choice of sauces -	
Mushroom, pepper or gravy	Add 1.00
Parmigiana	Add 1.00
Hawaiian	Add 2.00
Seafood Combo	21.90
Deep fried prawns, crispy calamari, battered flathead, served with chips and tartare sauce	
Spicy Stir-Fried Beef	22.50
Tender beef strips seared in chilli and garlic tossed with asian vegetables and hokkien noodles	
Prawn Fettuccine	22.90
Local prawns sautéed in creamy neapolitan sauce, parmesan cheese and italian herbs	
Stuffed Chicken Breast	23.50
Tender chicken breast stuffed with feta and herbs, baked in the oven served with potato mash and tomato compote and spiced with cumin	
Moroccan Grilled Chicken	23.50
Tender moroccan chicken breast served with rice, cucumber yoghurt and a garnish salad	

Lamb Shanks	23.50
Served with mash, peas and gravy	
	Add shank..... 6.00
Grilled Barramundi	23.90
Grilled barramundi fillet served with your choice of wild rocket and feta salad or chips	
Barramundi Roshan	24.50
Baked local barramundi fillet, crusted with sri lankan spices and coconut served with vegetables and saffron lemon grass broth	
Chilli Garlic Prawns	25.50
Pan seared banana prawns cooked in chilli garlic sauce and served with jasmine rice	
Porterhouse	26.90
Delicious steak cooked to your liking, served with chips and salad	
Sauces - mushroom, pepper or gravy	Add 1.00
T-Bone Steak	27.50
Succulent steak cooked to your liking, served with chips and salad	
Sauces - mushroom, pepper or gravy	Add 1.00



Don't forget about dessert...
Ask us for the range of delicious delights available!

Gourmet Pizza's

FRIDAY AND SATURDAY NIGHTS

Tandoori Chicken

Tandoori chicken, tomato, onion, capsicum and cheese

Small **12.50**
Large **19.50**

Feta and Chorizo

Spanish chorizo, onion, wild rocket, olives, feta and cheese

Small **12.50**
Large **19.50**

'Elements' Special

Beef bolognaise, pepperoni, ham, onion, capsicum and cheese

Small **12.50**
Large **19.90**

Garlic, Prawns and Bacon

Prawns, bacon, garlic, dry chilli flakes, tomato, onion, capsicum and cheese

Small **14.50**
Large **21.90**



Served
from 6pm
until 9pm

Kids Menu

JACK JABIRU

Pasta bolognese topped with cheese

BOOF BARRAMUNDI

Fish nuggets served with chips

GARY GECKO

Roast of the day

CRIQUEY CROCODILE

Ice cream and topping



Meal Options

1	Meal only	8.50
2	Meal and soft drink	9.00
3	Meal, soft drink and ice cream	10.50
4	Ice cream only	3.50



elementspoolside.com.au

Bookings 08 8935 0888
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